

# QUESTIONS TO ASK YOUR HEALTHCARE PROVIDER

Use the questions on this page to help start a conversation about HIV with your healthcare provider. On the next page, you can also list your healthcare priorities, all the medicines you currently take, and any questions you have. This can help your healthcare provider find the right HIV medicines for you.

## FOR PEOPLE WHO HAVE NEVER TAKEN HIV MEDICINES

- How can starting HIV treatment help my immune system?
- What does taking HIV medicines involve?
- How can taking HIV medicines benefit me?
- What are some of the side effects of HIV medicines?
- In what ways will taking HIV medicines affect the other medicines I take?

## FOR PEOPLE WHO HAVE JUST STARTED TAKING HIV MEDICINES

- How should I take my HIV medicines?
- What should I do if I find it difficult to take my HIV medicines?
- If I notice changes in my health while taking my HIV medicines, what should I do?
- If I have any side effects, what should I do?
- If I start taking other medicines in addition to my HIV medicines, what should I do?
- How can I help protect my health, in addition to taking HIV medicines?
- What do I do if I become pregnant?

## FOR PEOPLE WHO CURRENTLY TAKE HIV MEDICINES

- What are the benefits and risks of other HIV medicines?
- Do other HIV medicines have different side effects?
- What side effects should I watch for when starting a different HIV medicine?
- Do other HIV medicines need to be taken with or without food?
- Will starting a new HIV medicine affect my viral load?
- How would changing my HIV medicines impact the other medicines I'm taking?

## **ADDITIONAL INFORMATION AND QUESTIONS**

**LIST WHAT'S IMPORTANT TO YOU WHEN THINKING ABOUT HIV MEDICINES:**

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**LIST ALL THE MEDICINES YOU TAKE, INCLUDING PRESCRIPTION MEDICINES, OVER-THE-COUNTER MEDICINES, VITAMINS, AND HERBAL SUPPLEMENTS:**

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**LIST ANY OTHER QUESTIONS YOU MIGHT HAVE ABOUT YOUR HEALTH OR HIV MEDICINES:**

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