



DESCOVY® is a prescription medicine that is used together with other HIV-1 medicines to treat HIV-1 in people who weigh at least 77 lbs (35kg).

DESCOVY does not cure HIV-1 or AIDS.

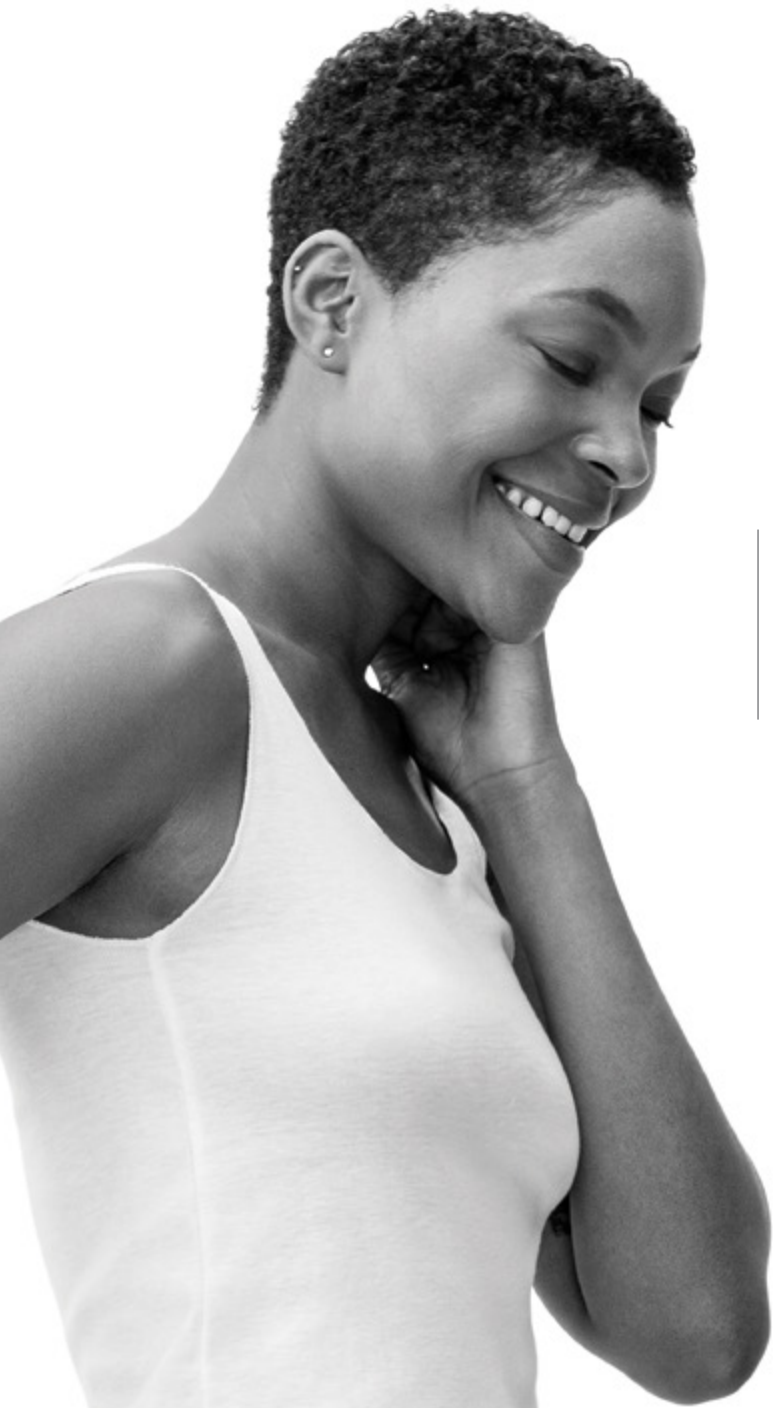
Do not use DESCOVY to reduce the risk of getting HIV-1 through sexual contact.

You matter and so does your health.

LOVE
WHAT'S INSIDE

Ask your healthcare provider if an HIV-1 treatment that contains DESCOVY® is right for you.

Please click to see Important Facts about DESCOVY, including an important warning on worsening of hepatitis B infection, on page 16.



LOVE WHAT'S INSIDE

LIVING HEALTHY WITH HIV-1

Your passion. Your courage. Your strength. It's what's inside that makes you beautiful. That's why it's so important to take care of your health. While there is no known cure for HIV-1 or AIDS, there are treatments that can improve your immune system and help you reach important health goals. Partner with your healthcare provider to find a treatment that works for you. Then work together to create a plan to help you live healthy with HIV-1.

Three important health goals to consider:



Decrease viral load

Reduce the amount of HIV-1 in your blood (viral load) to reach and maintain undetectable levels. Being "undetectable" means that the amount of virus in your blood is below what can be measured in a lab test.



Increase CD4 T-cell count

Raise the number of CD4 T-cells in your blood that fight infection and improve your immune system. By raising the number of CD4 T-cells in your blood, you are increasing your immune system's ability to fight infection.



Care for your body

Who you are matters, especially on the inside. Work with your healthcare provider to set health goals and discuss healthy behaviors you can add to your daily routine.

By reaching and staying undetectable, you can lower the risk of passing the virus on during sex by more than 90%. Always remember to practice safer sex.

Everyone's needs are different. That's why working with your healthcare provider is so important to your health.

HIV-1 TREATMENT FOUNDATION

DESCOVY® is a prescription medicine that must be taken with other medicines to treat HIV-1 in people who weigh at least 77 lbs (35kg).

There are two ways to take DESCOVY:

1 MULTI-PILL TREATMENT

One DESCOVY pill + Other medicines = A complete HIV-1 treatment

— OR —

2 ONE PILL, ONCE A DAY

A complete HIV-1 treatment that combines the medicines in DESCOVY with other medicines in one pill

DESCOVY does not cure HIV-1 or AIDS. You must keep taking HIV-1 medicines to control HIV-1 infection and decrease HIV-related illnesses.

Do not use DESCOVY to reduce the risk of getting HIV-1 through sexual contact.

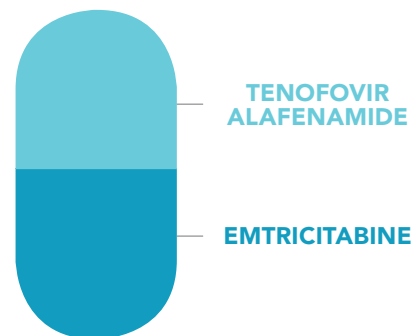

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What's inside DESCOVY?

It's important to know what's inside your medicines and how they work to fight HIV-1. To prevent the virus from multiplying, you need a "complete treatment," most of which contain at least three different HIV-1 medicines. DESCOVY combines two of these medicines to form a foundation for a complete treatment.

Building a Treatment Foundation



DESCOVY combines two medicines to form a foundation for a complete HIV-1 treatment.

What should I tell my healthcare provider before taking DESCOVY?

- **All your health problems.** Be sure to tell your healthcare provider if you have or have had any kidney or liver problems, including hepatitis virus infection.
- **All the medicines you take,** including prescription and over-the-counter medicines, vitamins, and herbal supplements. Other medicines may affect how DESCOVY works. Keep a list of all your medicines and show it to your healthcare provider and pharmacist. Ask your healthcare provider if it is safe to take DESCOVY with all of your other medicines.

Ask your healthcare provider if a complete HIV-1 treatment with DESCOVY® inside is right for you.

Please click to see Important Facts about DESCOVY, including important warnings, on page 16.

THE MOST IMPORTANT INFORMATION YOU SHOULD KNOW

Serious side effects may occur in some people who take DESCOVY®, including:

Worsening of hepatitis B (HBV) infection. DESCOVY is not approved to treat HBV. If you have both HIV-1 and HBV and stop taking DESCOVY, your HBV may suddenly get worse. Do not stop taking DESCOVY without first talking to your healthcare provider, as they will need to monitor your health.

Contact your healthcare provider right away if you experience any side effects that bother you or do not go away. Do not stop taking DESCOVY without talking to your healthcare provider.

Please click to see Important Facts about DESCOVY, including important warnings, on page 16.



REACHING UNDETECTABLE

One of the most important goals in HIV-1 treatment is to lower the amount of virus in your blood to undetectable—a level so low it can't be measured in a lab test.

In clinical studies of adults taking HIV-1 treatments for the first time, **92% of people who took DESCOVY® as the foundation of a complete treatment* reached undetectable** (less than 50 copies/mL).

Adults Who Were Undetectable at 1 Year



People who took the medicines in DESCOVY as the foundation of a complete HIV-1 treatment* reached undetectable



People who took another complete HIV-1 treatment† reached undetectable

Number of people in studies: 1,733
Number of people who took DESCOVY with other medicines*: 866
Number of people who took another HIV-1 treatment†: 867

As the foundation of a complete HIV-1 treatment,* DESCOVY was proven effective in a diverse group of people ages 12 and older, men and women, and people of different races and ethnicities.


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In the same clinical studies of adults, people who took DESCOVY as the foundation of a complete treatment* increased their number of CD4 T-cells† as effectively as the other approved HIV-1 treatment.†

Average Increase of CD4 T-cells After 1 Year

+230
CELLS

People who took the medicines in DESCOVY as the foundation of a complete HIV-1 treatment*

+211
CELLS

People who took another complete HIV-1 treatment†

*DESCOVY was taken with elvitegravir and cobicistat to form a complete treatment.

†The other treatment in these studies was STRIBILD® (elvitegravir, cobicistat, emtricitabine, and tenofovir disoproxil fumarate).

‡CD4 T-cell increases shown in cells/mm³. The average baseline CD4 T-cell count for adults in this study was 427 cells/mm³.

Avoid doing things that can spread HIV-1 infection to other people.

- Do not share items that can have blood or body fluids on them, like needles, other injection equipment, razor blades, or toothbrushes.
- Always practice safer sex. Use protection, like a latex or polyurethane condom, when having any sexual contact.

Being undetectable is one way to help prevent the spread of HIV-1. Ask your healthcare provider about all the steps you should take to prevent passing HIV-1 to other people.

Please click to see Important Facts about DESCOVY, including important warnings, on page 16.

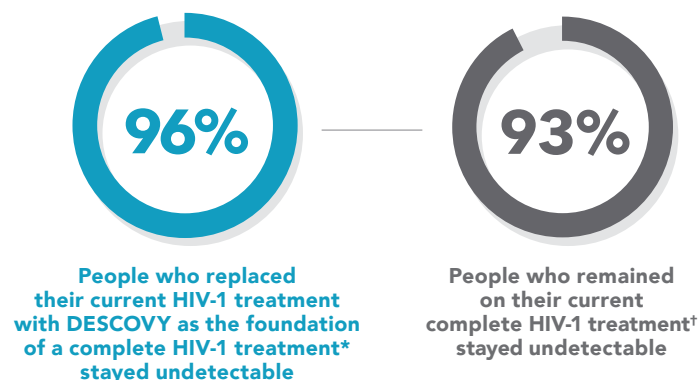
STAYING UNDETECTABLE

For people replacing their current HIV-1 treatment

In a clinical study of adults replacing their current HIV-1 treatment, **96% of people who took DESCOVY® as the foundation of a complete HIV-1 treatment* stayed undetectable.**

People in the study had an undetectable viral load (less than 50 copies/mL) for 6 months or more on their current HIV-1 treatment. They also had to meet certain other requirements as determined by a healthcare provider in order to replace their current HIV-1 treatment with a complete treatment that contains DESCOVY.

Adults Who Stayed Undetectable at 1 Year



Number of people in study: 1,196

Number of people who replaced their treatment with DESCOVY as the foundation of a complete HIV-1 treatment*: 799

Number of people who remained on their current HIV-1 treatment†: 397

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DESCOVY worked as well as the other approved medicines. In this study, the difference in the results was largely due to the higher number of people who remained on their current HIV-1 treatment and then dropped out of the study.

In the same clinical study, adults who took DESCOVY as the foundation of a complete treatment* maintained the average number of CD4 T-cells[‡] as effectively as the other approved HIV-1 treatments.[†]

Average Increase of CD4 T-cells After 1 Year



*DESCOVY was taken with elvitegravir and cobicistat to form a complete treatment.

†The other treatments in this study were STRIBILD, ATRIPLA® (efavirenz, emtricitabine, and tenofovir disoproxil fumarate), or TRUVADA® (emtricitabine and tenofovir disoproxil fumarate) + Reyataz (atazanavir) + cobicistat or ritonavir.

‡CD4 T-cell increases shown in cells/mm³. The average baseline CD4 T-cell count for adults in this study was 705 cells/mm³.

Before taking DESCOVY, tell your healthcare provider if you:

- have or have had liver problems, including hepatitis B virus infection
- have or have had kidney problems
- have or have had any other medical conditions

If you are thinking about switching to a treatment that contains DESCOVY®, your healthcare provider must determine that you meet certain requirements, such as being undetectable for 6 months or more on your current medicine.

Please click to see Important Facts about [DESCOVY](#), including important warnings, on page 16.

POSSIBLE SIDE EFFECTS

The most common side effect of DESCOVY® is nausea

In clinical studies of 1,733 adults who had never taken HIV-1 medicines before, nausea was experienced by about 1 out of every 10 people.



1 out of 10 people experienced nausea

This is not the only side effect of DESCOVY. Tell your healthcare provider if you have any side effects that bother you or do not go away.

You are encouraged to report negative side effects of prescription drugs to the FDA. Visit www.fda.gov/medwatch, or call 1-800-FDA-1088.

DESCOVY may also cause serious side effects, including:

- **Changes in your immune system.** Your immune system may get stronger and begin to fight infections. Tell your healthcare provider if you have any new symptoms after you start taking DESCOVY.
- **Kidney problems, including kidney failure.** Your healthcare provider should do blood and urine tests to check your kidneys. Your healthcare provider may tell you to stop taking DESCOVY if you develop new or worse kidney problems.

- **Too much lactic acid in your blood (lactic acidosis)**, which is a serious but rare medical emergency that can lead to death. Tell your healthcare provider right away if you get these symptoms: weakness or being more tired than usual, unusual muscle pain, being short of breath or fast breathing, stomach pain with nausea and vomiting, cold or blue hands and feet, feel dizzy or lightheaded, or a fast or abnormal heartbeat.
- **Severe liver problems**, which in rare cases can lead to death. Tell your healthcare provider right away if you get these symptoms: skin or the white part of your eyes turns yellow, dark “tea-colored” urine, light-colored stools, loss of appetite for several days or longer, nausea, or stomach-area pain.

Please click to see Important Facts about DESCOVY, including important warnings, on page 16.



FOCUS ON KIDNEY HEALTH

Kidneys play a key role in keeping you healthy, working around the clock to remove waste from your blood. That's why it's so important to take care of them, especially if you have HIV-1. Ask your healthcare provider how HIV-1 medicines can impact your kidneys.

Less impact on kidney lab tests:



When taken as the foundation of a complete HIV-1 treatment,* DESCOVY® had less impact on kidney lab test results than the other approved HIV-1 treatments in clinical studies.†

It is not known if these lab test results predict long-term kidney health.



In clinical studies, less than 1% of adults who took an HIV-1 treatment* that contains DESCOVY had to stop due to kidney-related issues.

DESCOVY may cause new or worsening kidney problems, including kidney failure. Your healthcare provider should do blood and urine tests to check your kidneys before you start and while you are taking DESCOVY. Your healthcare provider may tell you to stop taking DESCOVY if you develop new or worse kidney problems.

*DESCOVY was taken with elvitegravir and cobicistat to form a complete treatment.

†The other treatments in these studies were STRIBILD, ATRIPLA, or TRUVADA + Reyataz + cobicistat or ritonavir.

DESCOVY is FDA-approved for people with mild-to-moderate kidney problems and can be used in some people with lowered kidney function without changing the dose.

Please click to see Important Facts about DESCOVY, including important warnings, on page 16.



FOCUS ON BONE HEALTH

Because HIV-1 medicines may impact your bones, it's important to protect your bone health. If you're under 30 years of age, you're still developing bone mass. If you're over 30, your bones have fully developed and it's important to try to maintain them.

Less impact on bone mineral density:



In clinical studies, an HIV-1 treatment containing the two medicines* in DESCOVY® had less impact on hip and lower spine bone mineral density than the other approved HIV-1 treatments.†

The long-term effect of these changes on bone health is not known.

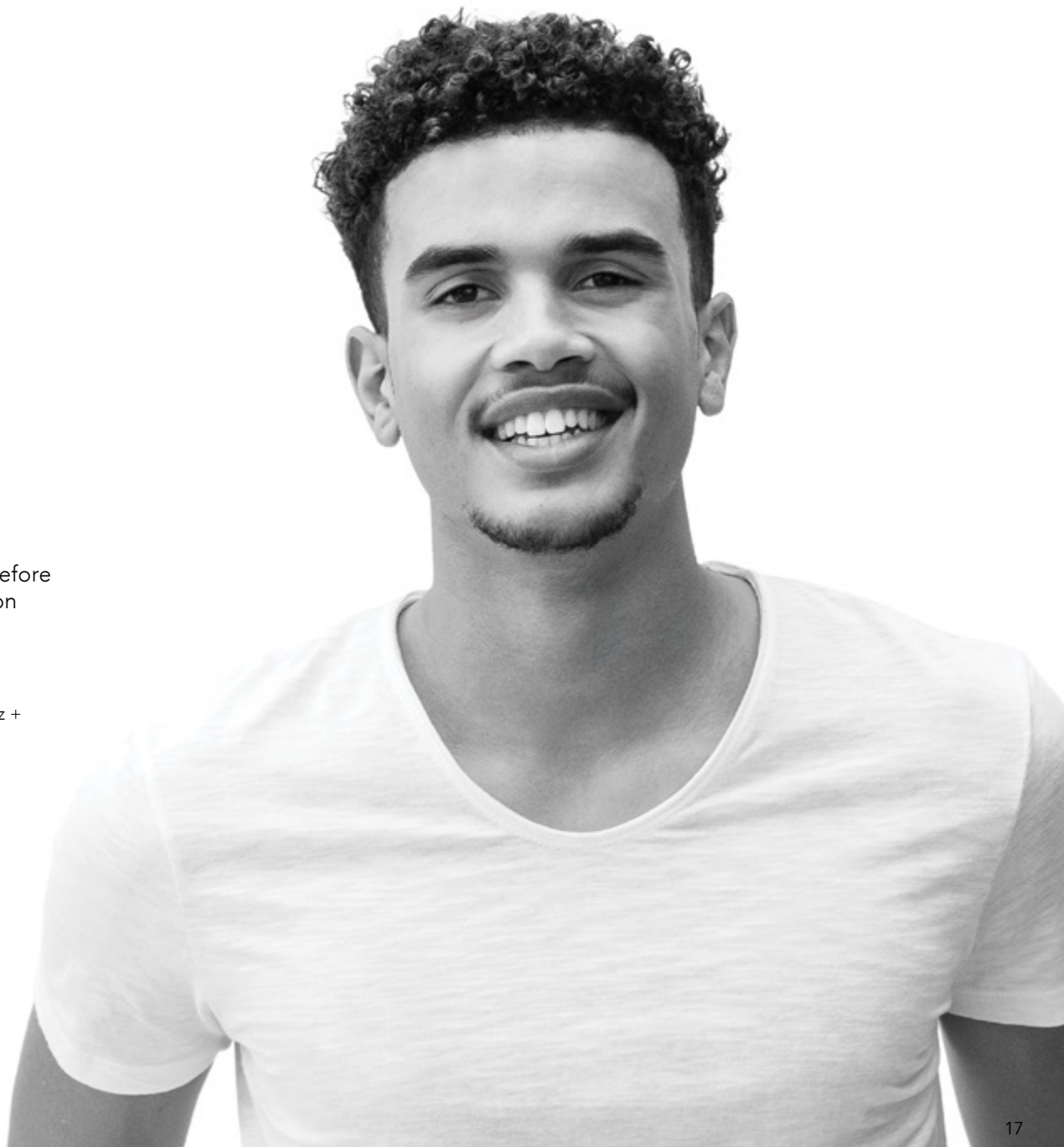
Your healthcare provider will need to do tests to monitor your health before and during treatment with DESCOVY. In clinical trials, the most common side effect of DESCOVY was nausea.

*DESCOVY was taken with elvitegravir and cobicistat to form a complete treatment.

†The other treatments in these studies were STRIBILD, ATRIPLA, or TRUVADA + Reyataz + cobicistat or ritonavir.

Ask your healthcare provider how to be proactive about your bone health.

Please click to see Important Facts about DESCOVY, including important warnings, on page 16.



CARING FOR YOUR BODY

Two of the most important goals of treatment are getting to and staying undetectable. It's also important to focus on practicing healthy behaviors. Talk with your healthcare provider about how you can add the following behaviors into your life.



Take care of your mental health

Good mental health is an important part of HIV-1 treatment and can be achieved by relying on your support system and reaching out to mental healthcare providers near you. Work with your healthcare provider to develop a plan to help you maintain good mental health.



Avoid substance use and abuse

Using or abusing legal drugs (prescription medicines or alcohol) or illegal drugs can cause damage to your body and brain, which will have a negative impact on your overall health. If you struggle with substance use or abuse, talk with your healthcare provider for help.



Stop smoking

People living with HIV-1 are 2 to 3 times more likely to smoke, which can lead to serious health issues. Quitting smoking can lower your risk of lung cancer, heart disease, asthma, chronic obstructive pulmonary disease (COPD), and stroke.

Please click to see **Important Facts about DESCOVY®**, including important warnings, on page 16.



Establish and maintain a healthy diet

For people living with HIV-1, a healthy diet can provide increased energy and nutrients to support your immune system, and keep your weight at a healthy level.



Start an exercise program

The right exercise program can provide many physical and mental benefits including lowered stress levels, increased strength, and improved fitness.

Talk to your healthcare provider about questions you may have and what you can do to live healthy with HIV-1.



TAKING YOUR TREATMENT

Take **DESCOVY®** exactly as your healthcare provider tells you to take it. Do not miss a dose.



**About the same
time each day**



**With food
of your choice**

-OR-



Without food

DESCOVY must be taken with other HIV-1 medicines to treat HIV-1 infection. It can be taken either as a single pill along with your other HIV-1 medicines, or as part of a complete 1-pill, once-a-day HIV-1 treatment.

DESCOVY is not for use to help reduce the risk of getting HIV-1 infection through sexual contact.

Do not change your dose or stop taking DESCOVY without first talking with your healthcare provider. Stay under a healthcare provider's care when taking DESCOVY.

What should I do if I take too much?

- If you take too much DESCOVY, call your healthcare provider or go to the nearest hospital emergency room right away.

What should I do if I run out of medicine?

- When your DESCOVY supply starts to run low, get more from your healthcare provider or pharmacy. This is very important because the amount of virus in your blood may increase if the medicine is stopped even for a short time. The virus may develop resistance to DESCOVY and become harder to treat.

Understand how to take your HIV-1 treatment and tell your healthcare provider about all the medicines you are taking, including over-the-counter medicines, vitamins, and herbal supplements.

Please click to see Important Facts about DESCOVY, including important warnings, on page 16.



TALKING WITH YOUR HEALTHCARE PROVIDER

DESCOVY® can affect the way other medicines work and other medicines can affect how DESCOVY works, which may cause serious side effects. Some medicines may also make the amount of DESCOVY in your body too low to help keep your HIV-1 undetectable, and the virus may become resistant to DESCOVY.

What should I tell my healthcare provider before taking DESCOVY?

- **All your health problems.** Be sure to tell your healthcare provider if you have or have had any kidney or liver problems, including hepatitis virus infection.
- **All the medicines you take,** including prescription and over-the-counter medicines, vitamins, and herbal supplements. Other medicines may affect how DESCOVY works. Keep a list of all your medicines and show it to your healthcare provider and pharmacist. Ask your healthcare provider if it is safe to take DESCOVY with all of your other medicines.

What if I am pregnant or breastfeeding, or planning to become pregnant or breastfeed?

- **Tell your healthcare provider if you are pregnant** or plan to become pregnant. It is not known if DESCOVY can harm your unborn baby. Tell your healthcare provider if you become pregnant while taking DESCOVY.
- **Tell your healthcare provider if you are breastfeeding** (nursing) or plan to breastfeed. Do not breastfeed. HIV-1 can be passed to the baby in breast milk.

Please click to see [Important Facts about DESCOVY](#), including important warnings, on page 16.



YOUR PARTNER

IN HEALTH

Your healthcare provider is committed to being your partner in health. They know you and they know how to treat your HIV-1. Work with your healthcare provider to learn what steps you can take to live a healthy life with HIV-1.

Here are a few questions that you may want to ask your healthcare provider to get the conversation started:

- ☐ What are my HIV-1 treatment options?
- ☐ What are the possible benefits of HIV-1 treatment?
- ☐ What are the possible side effects of HIV-1 treatment and how may the side effects impact my body over time?
- ☐ What does taking HIV-1 treatment involve?
- ☐ How might HIV-1 treatment affect the other medicines I take?
- ☐ In addition to starting and staying on treatment, what can I do to live a healthy life with HIV-1?

DESCOVY® does not cure HIV-1 or AIDS. You must keep taking HIV-1 medicines to control HIV-1 infection and decrease HIV-related illnesses.

Ask your healthcare provider about other factors you think are important when making a decision about your HIV-1 treatment.

Please click to see Important Facts about DESCOVY, including important warnings, on page 16.


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EVERYDAY MOBILE SUPPORT

The Daily Charge® app provides tools and resources that can help support your day-to-day life with HIV-1 – no matter what treatment you're on.

The app can help you:

-  Learn more about HIV-1 and how treatment works
-  Set reminders to take your medication
-  Track your viral load and CD4 cell count
-  Get support for common help topics



Get started with the Daily Charge app:

-  You can download the app for free at DailyChargeApp.com

SUPPORT AND RESOURCES

If your healthcare provider has already determined that a Gilead treatment is right for you, then the Gilead Advancing Access® program is committed to helping you afford your Gilead medication every step of the way.

Financial Support

Whether you are insured, uninsured, or underinsured, Advancing Access is available to help you:

- Lower your co-pay* and find other co-pay support, if eligible
- Find and get financial support if you have government insurance
- Find and get financial support if you are uninsured

*See specific terms and conditions at: www.GileadAdvancingAccess.com.

Insurance Support

Advancing Access is available to help you obtain coverage for your Gilead medication, including support to help you:

- Identify and confirm coverage and benefits
- When your insurance or coverage changes
- When you need assistance understanding insurance

Find out more about the Gilead Advancing Access program:



Enroll at GileadAdvancingAccess.com by downloading and completing the enrollment form today. Or you can call **1-800-226-2056**, M-F, 9am-8pm ET.



HIV-1 AND YOUR HEALTH. **IT STARTS INSIDE.**

Your strength. Your determination. Your passion. It's at the heart of who you are. That's why it's important to work with your healthcare provider to take care of what matters most. You.

DESCOVY, the DESCOVY Logo, ADVANCING ACCESS, ATRIPLA, DAILY CHARGE, the DAILY CHARGE Logo, LOVE WHAT'S INSIDE, STRIBILD, TRUVADA, GILEAD, and the GILEAD Logo are trademarks of Gilead Sciences, Inc., or its related companies. All other marks are the property of their respective owners.

(des-KOH-vee)

IMPORTANT FACTS

This is only a brief summary of important information about **DESCOVY**[®] and does not replace talking to your healthcare provider about your condition and your treatment.

MOST IMPORTANT INFORMATION ABOUT DESCOVY

DESCOVY may cause serious side effects, including:

- **Worsening of hepatitis B (HBV) infection.** DESCOVY is not approved to treat HBV. If you have both HIV-1 and HBV, your HBV may suddenly get worse if you stop taking DESCOVY. Do not stop taking DESCOVY without first talking to your healthcare provider, as they will need to check your health regularly for several months.

ABOUT DESCOVY

- DESCOVY is a prescription medicine that is used together with other HIV-1 medicines to treat HIV-1 in people who weigh at least 77 lbs (35kg). DESCOVY is **not** for use to help reduce the risk of getting HIV-1 infection.
- **DESCOVY does not cure HIV-1 or AIDS.** Ask your healthcare provider about how to prevent passing HIV-1 to others.

BEFORE TAKING DESCOVY

Tell your healthcare provider if you:

- Have or had any kidney or liver problems, including hepatitis infection.
- Have any other medical condition.
- Are pregnant or plan to become pregnant.
- Are breastfeeding (nursing) or plan to breastfeed. Do not breastfeed if you have HIV-1 because of the risk of passing HIV-1 to your baby.

Tell your healthcare provider about all the medicines you take:

- Keep a list that includes all prescription and over-the-counter medicines, vitamins, and herbal supplements, and show it to your healthcare provider and pharmacist.
- Ask your healthcare provider or pharmacist about medicines that should not be taken with DESCOVY.

HOW TO TAKE DESCOVY

- DESCOVY is a one pill, once a day HIV-1 medicine that is taken with other HIV-1 medicines.
- Take DESCOVY with or without food.

POSSIBLE SIDE EFFECTS OF DESCOVY

DESCOVY can cause serious side effects, including:

- Those in the “Most Important Information About DESCOVY” section.
- Changes in your immune system.
- New or worse kidney problems, including kidney failure.
- Too much lactic acid in your blood (lactic acidosis), which is a serious but rare medical emergency that can lead to death. Tell your healthcare provider right away if you get these symptoms: weakness or being more tired than usual, unusual muscle pain, being short of breath or fast breathing, stomach pain with nausea and vomiting, cold or blue hands and feet, feel dizzy or lightheaded, or a fast or abnormal heartbeat.
- Severe liver problems, which in rare cases can lead to death. Tell your healthcare provider right away if you get these symptoms: skin or the white part of your eyes turns yellow, dark “tea-colored” urine, light-colored stools, loss of appetite for several days or longer, nausea, or stomach-area pain.

The most common side effect of DESCOVY is nausea.

These are not all the possible side effects of DESCOVY. Tell your healthcare provider right away if you have any new symptoms while taking DESCOVY.

Your healthcare provider will need to do tests to monitor your health before and during treatment with DESCOVY.

GET MORE INFORMATION

- This is only a brief summary of important information about DESCOVY. Talk to your healthcare provider or pharmacist to learn more.
- Go to DESCOVY.com or call 1-800-GILEAD-5
- If you need help paying for your medicine, visit DESCOVY.com for program information.